Under the Fair Labor Standards Act (FLSA) a non-exempt employee must be paid for all hours the employee is “suffered or permitted to work.” This document addresses under what circumstances time spent traveling is considered compensable (i.e., the time is counted as hours worked).

I. HOME TO WORK TRAVEL — In general, the FLSA does not consider ordinary commuting as hours worked. Ordinary commute time is not compensable.

**Compensable**
- Talking on a phone, running errands (e.g., picking up supplies) while traveling from home to work or vice versa is considered compensable if it is work related.

**Non compensable**
- Ordinary travel from home to work is not considered hours worked.

II. TRAVEL DURING THE WORK DAY/IN-TOWN — In general time spent traveling as part of the employer’s principal activity counts as hours worked (e.g., travel from job site to job site is compensable.)

**Compensable**
- Travel during the work day as part of the employer’s principal activity counts as hours worked. (e.g., travel from job site to job site).

III. OVERNIGHT TRAVEL — In general, whether travel time counts as hours worked when an employee travels overnight, depends on whether the travel occurs within the employee’s normal work schedule. Travel time that occurs within the employee’s normal work schedule is compensable.

**COMPENSABLE**
- Any portion of authorized travel that occurs within an employee’s normal work schedule counts as hours worked. Travel on non work days (like weekends) also counts as hours worked if it occurs within the employee's normal work schedule.

- **Driving** a vehicle, regardless of whether the travel takes place within or outside normal work hours, counts as hours worked. In other words, the act of driving is considered manual labor activity which must be counted as hours worked if it is for the benefit of the employer.

- If an employee is required to attend meals, social events, etc., that time is counted as hours worked.

- Time spent waiting at the airport counts as hours worked if it occurs within normal work hours.

- Any work while traveling, which an employee is required to perform, is counted as hours worked (e.g., answering e-mails, taking business related phone calls.)
• If an employee is required to ride as an assistant or helper in an automobile, the travel time counts as hours worked.

**NON COMPENSABLE**
• Regular meal periods do not count as hours worked.

• **Riding as a passenger** outside of normal work hours, via airplane, train, boat, bus or automobile does not count as hours worked. In other words, the act of riding as a passenger is not considered work.

• Time spent sleeping does not count as hours worked.

• Time spent waiting at the airport outside of normal work hours does not count as hours worked.

• Travel between home and work or between hotel and worksite is considered normal commuting time and does not count as hours worked.

**MISCELLANEOUS ISSUES**
• When an employee travels between two or more time zones, the time zone associated with the point of departure should be used to determine whether the travel falls within normal work hours.

• If an employee drives a car as a matter of personal preference when an authorized flight or other travel mode is available and the travel by car would exceed that of the authorized mode, only the estimated travel time associated with the authorized mode will be counted as hours worked.

• If the employer provides hotel accommodations for overnight travel but the employee wishes to drive back home each evening, this time is not counted as hours worked.

• On days when an employee is out of town (but not traveling), the employee is compensated for hours worked such as attending a conference or a meeting. The employee is not compensated for time not working even if it occurs within the employee’s regular work schedule (e.g., employee goes sightseeing instead of attending a session of the conference or the conference sessions are only from 9 - 4).

**IV. SAME DAY TRAVEL/OUT-OF-TOWN** — *In general time spent traveling out-of-town and returning in the same day, counts as hours worked without regard to whether the employee is driving or riding as a passenger and without regard to whether the travel occurs within the employee’s normal work schedule. Travel counts as hours worked.*

**Compensable**
• Time spent traveling to and from a one day seminar, conference, meeting, etc. is counted as hours worked.

**Non Compensable**
• Regular meal periods do not count as hours worked.